

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b><u>Activities Are Subject to Change Without Notice.</u></b></p>			<p><b>New Year's Day</b> 1</p> <p>8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven <b>9:30 Exercise</b> 9:30 Nails as needed 10:45 Hydration 1:00 Social Hour in the Activity Room</p>	<p>2</p> <p>7:00 Early Morning Walk 9:00 Yoga 9:30 Exercise 10:30 Hydration 11:00 Spanish Class with Adelina 1:00 Make Snowflakes <b>2:00 Bingo</b></p>	<p>3</p> <p>9:30 Empower Me Exercise &amp; Walking 10:30 Hydration 11:00 Color Therapy</p>	<p>4</p> <p>11:30 Color Therapy 2:00 Bingo</p>
<p>5</p> <p>12:00 Emotional Support One-on-One Time 12:45 Hydration 1:30 Gospel Music 2:00 Church Service in Activity Room</p>	<p>6</p> <p>7:00 Early Morning Walk 9:00 Yoga 9:30 Exercise 10:00 Walk Inside or Outside 10:15 Hydration 10:30 Bible Study 2:00 January Birthday Celebration</p>	<p>7</p> <p><b>Sammy Salter's Birthday</b></p> <p>9:00 Yoga 9:30 Exercise 10:30 Hydration 11:00 Balloon Volleyball 12:30 to 1 One-on-One Time with Residents 2:00 Bingo</p>	<p>8</p> <p>8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven <b>9:30 Exercise</b> 9:30 Nails as needed 10:45 Hydration 1:00 Social Hour in the Activity Room</p>	<p>9</p> <p>7:00 Early Morning Walk 9:00 Yoga 9:30 Exercise 10:30 Hydration 11:00 Spanish Class with Adelina 1:00 Snowman Craft as a group. <b>2:00 Bingo</b></p>	<p>10</p> <p>9:30 Exercise 10:30 Hydration 11:00 Bible Study 1:00 Virtual Trip With Adelina</p>	<p>11</p> <p>11:30 Color Therapy 2:00 Bingo</p>
<p>12</p> <p>12:00 Emotional Support One-on-One Time 12:45 Hydration 1:30 Gospel Music 2:00 Church Service in Activity Room</p>	<p>13</p> <p>7:00 Early Morning Walk 9:00 Yoga 9:30 Exercise 10:00 Walk Inside or Outside 10:15 Hydration 10:30 Bible Study</p>	<p>14</p> <p>9:00 Yoga 9:30 Exercise 10:30 Doughnuts, Coffee and Chat 10:30 Hydration 12:30 to 1 One-on-One Time with Residents 2:00 Bingo</p>	<p>15</p> <p>8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven <b>9:30 Exercise</b> 9:30 Nails as needed 10:45 Hydration 1:00 Social Hour in the Activity Room 1:15 Have Strawberry Ice Cream for Strawberry Ice Cream Day</p>	<p>16</p> <p>7:00 Early Morning Walk 9:00 Yoga 9:30 Exercise 10:30 Hydration 11:00 Spanish Class with Adelina <b>2:00 Bingo</b></p>	<p>17</p> <p>9:30 Empower Me Exercise &amp; Walking 10:30 Hydration 11:00 Color Therapy</p>	<p>18</p> <p>11:30 Color Therapy 2:00 Bingo</p>
<p>19</p> <p>12:00 Emotional Support One-on-One Time 12:45 Hydration 1:30 Gospel Music 2:00 Church Service in Activity Room</p>	<p>20</p> <p><b>Martin Luther King Jr. Day &amp; Evelyn Curtis Birthday</b></p> <p>7:00 Early Morning Walk 9:00 Yoga 9:30 Exercise 10:00 Walk Inside or Outside 10:15 Hydration 10:30 Bible Study</p>	<p>21</p> <p>9:00 Yoga 9:30 Exercise 10:30 Hydration 11:00 Balloon Volleyball 12:30 to 1 One-on-One Time with Residents 2:00 Bingo</p>	<p>22</p> <p>8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven <b>9:30 Exercise</b> 9:30 Nails as needed 10:45 Hydration 1:00 Social Hour in the Activity Room</p>	<p>23</p> <p><b>LaDonna Dial Birthday</b></p> <p>7:00 Early Morning Walk 9:00 Yoga 9:30 Exercise 10:30 Hydration 11:00 Spanish Class with Adelina <b>2:00 Bingo</b></p>	<p>24</p> <p>9:30 Exercise 10:30 Hydration 11:00 Bible Study 1:00 Virtual Trip With Adelina</p>	<p>25</p> <p>11:30 Color Therapy 2:00 Bingo</p>
<p>26</p> <p>12:00 Emotional Support One-on-One Time 12:45 Hydration 1:30 Gospel Music 2:00 Church Service in Activity Room</p>	<p>27</p> <p>7:00 Early Morning Walk 9:00 Yoga 9:30 Exercise 10:00 Walk Inside or Outside 10:15 Hydration 10:30 Bible Study 1:30 Have Chocolate Cake for National Chocolate Cake Day</p>	<p>28</p> <p>9:00 Yoga 9:30 Exercise 10:30 Hydration 11:00 Color Pictures for February 12:30 to 1 One-on-One Time with Residents 2:00 Bingo</p>	<p>29</p> <p>8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven <b>9:30 Exercise</b> 9:30 Nails as needed 10:45 Hydration 1:00 Social Hour in the Activity Room</p>	<p>30</p> <p>7:00 Early Morning Walk 9:00 Yoga 9:30 Exercise 10:30 Hydration 11:00 Spanish Class with Adelina <b>2:00 Bingo</b></p>	<p>31</p> <p>9:30 Empower Me Exercise &amp; Walking 10:30 Hydration 11:00 Color Therapy</p>	