


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities Are Subject to Change Without Notice.</p>  <p>9:30 Exercise 10:00 Walk Inside or Outside 10:15 Hydration 10:30 Bible Study 11:30 Yoga 1:00 Movie</p>	1 9:30 Exercise 10:00 Walk Inside or Outside 10:15 Hydration 10:30 Bible Study 11:30 Yoga 1:00 Movie	2 9:30 Exercise 10:30 Walk Inside or Outside 10:45 Hydration 10:50 Painting on the Veranda 12:30 to 1 One-on-One Time with Residents 2:00 Bingo	3 8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven 9:30 Exercise 9:30 Nails as needed 10:45 Hydration 1:00 Social Hour in the Activity Room	4 Independence Day 9:30 Exercise 10:15 Walking 10:45 Hydration 11:00 Spanish Class with Adelina 11:30 Yoga 1:00 One-on-One Time residents 2:00 Bingo	5 9:30 Empower Me Exercise & Walking 10:45 Hydration 11:00 Color Therapy	6 11:00 Color Therapy 2:00 Bingo
7 12:00 Emotional Support One-on-One Time 12:45 Hydration 1:30 Gospel Music 2:00 Church Service in Activity Room	8 9:30 Exercise 10:00 Walk Inside or Outside 10:15 Hydration 10:30 Bible Study 11:30 Yoga 1:30 Watermelon Time	9 9:30 Exercise 10:30 Walk Inside or Outside 10:45 Hydration 11:00 Balloon Volleyball 12:30 to 1 One-on-One Time with Residents 1:00 Trivia 2:00 Bingo	10 8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven 9:30 Exercise 9:30 Nails as needed 10:45 Hydration 1:00 Social Hour in the Activity Room	11 8:30 Donuts, Coffee & Chat 9:30 Exercise 10:15 Walking 10:45 Hydration 11:00 Spanish Class with Adelina 11:30 Yoga 1:00 One-on-One Time residents 2:00 Bingo	12 9:30 Exercise 10:45 Hydration 11:00 Bible Study 11:30 Color Therapy 1:00 Virtual Trip With Adelina	13 11:00 Color Therapy 2:00 Bingo
14 12:00 Emotional Support One-on-One Time 12:45 Hydration 1:30 Gospel Music 2:00 Church Service in Activity Room	15 9:30 Exercise 10:00 Walk Inside or Outside 10:15 Hydration 10:30 Bible Study 11:30 Yoga 2:00 Ice Cream Cones	16 9:30 Exercise 10:30 Walk Inside or Outside 10:45 Hydration 12:30 to 1 One-on-One Time with Residents 2:00 Bingo	17 8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven 9:30 Exercise 9:30 Nails as needed 10:45 Hydration 1:00 Social Hour in the Activity Room	18 9:30 Exercise 10:15 Walking 10:30 Balloon Volleyball 10:45 Hydration 11:00 Spanish Class with Adelina 11:30 Yoga 1:00 One-on-One Time residents 2:00 Bingo	19 9:30 Empower Me Exercise & Walking 10:45 Hydration 11:00 Color Therapy	20 11:00 Color Therapy 2:00 Bingo
21 12:00 Emotional Support One-on-One Time 12:45 Hydration 1:30 Gospel Music 2:00 Church Service in Activity Room	22 9:30 Exercise 10:00 Walk Inside or Outside 10:15 Hydration 10:30 Bible Study 11:30 Yoga 1:30 Finish the Phrase	23 9:30 Exercise 10:30 Walk Inside or Outside 10:45 Hydration 12:30 to 1 One-on-One Time with Residents 1:30 Ice Cream Floats 2:00 Bingo	24 8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven 9:30 Exercise 9:30 Nails as needed 10:45 Hydration 1:00 Social Hour in the Activity Room	25 9:30 Exercise 10:15 Walking 10:45 Hydration 11:00 Spanish Class with Adelina 11:30 Yoga 1:00 One-on-One Time residents 2:00 Birthday Party for Ms. McClafferty	26 9:30 Exercise 10:45 Hydration 11:00 Bible Study 11:30 Color Therapy 1:00 Virtual Trip With Adelina	27 Betty McClafferty Birthday 11:00 Color Therapy 2:00 Bingo
28 12:00 Emotional Support One-on-One Time 12:45 Hydration 1:30 Gospel Music 2:00 Church Service in Activity Room	29 9:30 Exercise 10:00 Walk Inside or Outside 10:15 Hydration 10:30 Bible Study 11:30 Yoga 2:00 Group Social Time	30 9:30 Exercise 10:30 Walk Inside or Outside 10:45 Hydration 12:30 to 1 One-on-One Time with Residents 2:00 Bingo	31 8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven 9:30 Exercise 9:30 Nails as needed 10:45 Hydration 1:00 Social Hour in the Activity Room			