Poplar Estates April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities are subject to change without notice.	April Fools' Day19:30 Exercise10:00 Bible Study11:00 Walk inside or outside Weather Permitting!1:00 Social Hour in the Activity Room	2 9:30 Exercise 10:00 Snack & Coffee Chat: Your favorite spring memory 11:00 Yoga 12:00 to 1 One on One Time with Residents 2:00 Bingo	Vance Potts Birthday 3 8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven 9:30 Exercise 9:30 Nails as needed 1:00 Social Hour in the Activity Room	4 9:30 Exercise 10:00 Inside Games 11:00 Yoga 12:00 One on One Time with Residents 2:00 Birthday Celebration for Vance Potts & Sally Thomas	Sally Thomas Birthday 5 9:30 Empower Me Exercise & Walking 2:00 Let's Color	Mule Day!!!! 6 10:00 Color Therapy 11:00 Women's Bible Study 2:00 Bingo
2:00 Church Service in Activity Room	<ul> <li>7</li> <li>9:30 Exercise</li> <li>10:00 Bible Study</li> <li>11:00 Walk inside or outside Weather Permitting!</li> <li>1:00 Social Hour in the Activity Room</li> </ul>	9 9:30 Exercise 10:00 Outside Games (Weather Permitting) 11:00 Yoga 12:00 to 1 One on One Time with Residents 2:00 Bingo	10 8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven <b>9:30 Exercise</b> 9:30 Nails as needed 1:00 Social Hour in the Activity Room	11 9:30 Exercise 10:00 Butterfly Craft 12:00 One on One Time with Residents 1:00 One on One Time w/Residents 2:00 Bingo	12 9:30 Exercise with Adelina 1:00 Spanish Class with Adelina 2:00 Social With Adelina	13 10:00 Color Therapy
Carol Rathje Birthday 2:00 Church Service in Activity Room	14 15 9:30 Exercise 10:00 Bible Study 11:00 Walk inside or outside Weather Permitting! 1:00 Social Hour in the Activity Room 2:00 Birthday Celebration for Carol Rathje and Karen Burgess	16 9:30 Exercise 10:00 Spring Sing Along 11:00 Yoga 12:00 to 1 One on One Time with Residents 2:00 Bingo	17 8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven <b>9:30 Exercise</b> 9:30 Nails as needed 1:00 Social Hour in the Activity Room	18 9:30 Exercise 10:00 Outside (Weather Permitting) 12:00 One on One Time with Residents 1:00 One on One Time w/Residents 2:00 Bingo	19 9:30 Empower Me Exercise & Walking 1:00 Color Social 2:00 Social With Adelina	20 10:00 Color Therapy 11:00 Women's Bible Study 2:00 Bingo
2:00 Church Service in Activity Room	21Earth Day2212:00 Karen Burgess Birthday9:30 Exercise10:00 Bible Study11:00 Bible Study11:00 Walk inside or outside Weather Permitting!1:00 Social Hour in the Activity Room	23 9:30 Exercise 10:00 Balloon Volleyball 11:00 Yoga 12:00 to 1 One on One Time with Residents 2:00 Bingo	24 8:00 One on One Time w/Residents all day! 8:30 Nancy's Hair Heaven <b>9:30 Exercise</b> 9:30 Nails as needed 1:00 Social Hour in the Activity Room	25 7:30 Donut with Breakfast!! 9:30 Exercise 10:00 Movie Time Together 12:00 One on One Time with Residents 1:00 One on One Time w/Residents 2:00 Bingo	26 9:30 Exercise with Adelina 1:00 Color Social 1:00 Spanish Class with Adelina	27 10:00 Color Therapy
2:00 Church Service in Activity Room	28 29 9:30 Exercise 10:00 Bible Study 11:00 Walk inside or outside Weather Permitting! 1:00 Social Hour in the Activity Room	30 9:30 Exercise 10:00 Small Group Activity-Facials 11:00 Yoga 12:00 to 1 One on One Time with Residents 2:00 Bingo			Pople states	

